FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number:	3235-0287									
l	Estimated average burden										
l	hours per response:	0.5									

	Check this box if no longer subject to								
ì	Section 16. Form 4 or Form 5								
J	obligations may continue. See								
	Instruction 1(b)								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BRYANT H THOMAS							2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC TPX									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle)												4	X	Officer (give title below)		Other (specify below)					
C/O TEMPUR-PEDIC INTERNATIONAL INC. 1713 JAGGIE FOX WAY						3. Date of Earliest Transaction (Month/Day/Year) 12/06/2004										Pre	esiden	t			
							4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) LEXINGTON KY 40511															X	Form filed by Or		J			
															Form filed by More than One Reporting Person						
(City)		State) (Zip)																		
		Tabl	le I - Noi	n-Deriva	ative	Sec	uritie	s Ac	quired	l, Dis	posed o	f, or	Bene	eficia	lly C	Owned					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execution Date,			Code	Transaction Disposed Of (D) (I Code (Instr. 5)					d 9	5. Amount of Securities Beneficially Owned Following Reported		wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A (D) or)	Price	- [1	Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock 12/06/2						2004			S		53,497	7	D	\$18.96		180,855		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	titive Conversion Date Execution or Exercise (Month/Day/Year) if any			Date, Transaction Code (Ins					6. Date Expirat (Month	ion Dat		e and 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Pric Deriva Secur (Instr.	ative derivative Securities	y D o (I	O. Ownership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Nun of Sha								

Explanation of Responses:

/s/ William H. Poche, Attorney-in-fact

** Signature of Reporting Person

12/06/2004

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.