FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

wasnington,	D.C.	20549

STATEMENT O	F CHANGES IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Judge Paul R			TE	2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC [TPX]							5. Relationship of Report (Check all applicable) X Director			10% Owner		wner			
	(Fi PANORAM SVENOR R	1IC	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/18/2011								Officer below)	(give title		Other (: below)	specify	
(Street) LONDO (City)			SW1V3JI (Zip)	٠	4. If	4. If Amendment, Date of Original Filed (Mon					(Month/D	ay/Year)		Line)	6. Individual or Joint/Group Filing (Check Applicabl Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tab	le I - Nor	n-Deriv	ative	Sec	curitie	s Ac	quired,	Dis	posed o	of, or E	enefi	cially	Owned	k			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		Code (Transaction Disposed Of (D) (I Code (Instr. 5)				5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
								Code	v	Amount	(A) (D)	or Pr	ice	Transac (Instr. 3	ction(s)			(
Common Stock 11/		11/18	3/2011	2011 M 1,275 A \$13.74		3,	3,788		D										
Common Stock 11/18/		3/2011				S		1,275	5 I	\$	62.81	2,513			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date Execution Date, if any (Month/Day/Year)			Date,		nsaction of E		Expiration Date (Month/Day/Year) Amo Secu Und			Amount Securiti Underly Derivati	. Title and .mount of ecurities inderlying erivative Security nstr. 3 and 4)		3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indirec (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)		Date Exercisab		xpiration ate	Title	Amo or Num of Shai	ber					
Stock Options	\$13.74	11/18/2011			M		1,275		(1)	0	5/05/2019	Commo Stock	n 1,2	75	\$0	4,400		D	

Explanation of Responses:

Remarks:

/s/ Bhaskar Rao, Attorney-in-11/21/2011 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} These options vested in four equal installments on the following dates: July 31, 2009, October 31, 2009, January 31, 2010 and April 30, 2010.