FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL					
	OMB Number:	3235-0287					
l	Estimated average burd	en					
l	hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

JOHNS	nd Address of	TE	2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC [ TPX ]										eck al [ v	applio Directo	cable) or (give title	ig Per	son(s) to Is 10% O Other ( below)					
(Last) C/O TEN 1713 JA	NC.	3. Date of Earliest Transaction (Month/Day/Year) 08/02/2004															O, Asst. S					
(Street) LEXINGTON KY 40511 (City) (State) (Zip)					_   4.   1	4. If Amendment, Date of Original Filed (Month/Day/Year)										e) <mark>X</mark> I						
		Tab	le I - Noi	n-Deriv	/ative	Se	curit	ies Ad	qui	ired, C	Disp	osed c	of, or	Ben	eficial	ly O	vnec	l				7
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)							Execution			Transaction   D		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			(A) or . 3, 4 and	and Securiti Benefic		es Formula (D) Following (I)		wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	( <i>A</i>	(A) or (D) Price		Tr		tion(s)							
Common	Stock		2/2004	2004				M		5,250	5,250		\$1.53	(1)	15,750			D				
		Т	able II -									sed of onverti				Ow	ned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		ansaction ode (Instr.		umber ivative urities uired or oosed O) tr. 3, 4	Expi	6. Date Exercisable a Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			Deriv Secu	8. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	e rcisable		xpiration ate	Title		Amount or Number of Shares							
Stock options (right to	\$1.53 <sup>(1)</sup>	08/02/2004			M			5,250		(2)	13	1/01/2012	Comm		5,250	\$	0	47,250	)	D		

## **Explanation of Responses:**

- 2. These options vest and become exercisable in a series of installments. The first installment, which consisted of 25% of the original aggregate number of options granted, vested on July 28, 2003. The remaining options vest and become exercisable in a series of twelve successive equal quarterly installments. The next of these installments vested and became exercisable on August 1, 2004.

/s/ William H. Poche, 08/03/2004 Attorney-in-Fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.