SEC	Form	4
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FORM	4
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\$13.16

Explanation of Responses:

Stock Option

(right to

buy)

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287					
Estimated average burden						
hours per response:	0.5					

Reported Transaction(s) (Instr. 4)

100,000

07/20/2006

Date

D

Amount or Number

of Shares

100,000

/s/ William H. Poche, Attorney-

\*\* Signature of Reporting Person

\$13.16

Expiration

07/18/2016

Date

Title

in-Fact

Common

Stock

	ions may contir tion 1(b).	nue. See	File		t to Section 16(a tion 30(h) of the					34		hours	per resp	oonse:	0.5	
1. Name and Address of Reporting Person* ANDERSON RICHARD W					2. Issuer Name and Ticker or Trading Symbol <u>TEMPUR PEDIC INTERNATIONAL INC</u> [ TPX ]							able)	g Perso	10% Ov Other (:	wner	
(Last) (First) (Middle) C/O TEMPUR-PEDIC INTERNATIONAL, INC. 1713 JAGGIE FOX WAY			3. Date of Earliest Transaction (Month/Day/Year) 07/18/2006						A below) below) Exec. VP & President, N.A.							
(Street) LEXING (City)		Y itate)	40511 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Inc Line) X	Form fi Form fi	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) Date (Month/I			action Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year		ar) Code (Instr. 8)		3, 4 and 5	) Securitie Beneficia Owned F Reported	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
					C	Code V	Amount	(A) or (D)	Price	(Instr. 3 a						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)																
		ansaction Derivative Expiration Derivative (Mont			te Exercisable and ration Date th/Day/Year)		ecurity	Derivative derivativ Security Securitie		e s ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

1. This stock option vests in four equal annual installments starting on the first anniversary date of the grant, or July 18, 2007.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

07/18/2006

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

Α

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

of (D) (Instr. 3, 4 and 5)

(A)

100,000

Date (D)

Exercisable

(1)