

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

1. Name and Address of Reporting Person* HEIL JOHN (Last) (First) (Middle) C/O TEMPUR SEALY INTERNATIONAL, INC. 1000 TEMPUR WAY (Street) LEXINGTON KY 40511 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol TEMPUR SEALY INTERNATIONAL, INC. [TPX]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below)
	3. Date of Earliest Transaction (Month/Day/Year) 09/12/2019	
		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	09/12/2019		M ⁽¹⁾		1,653	A	\$59.82	33,312	D	
Common Stock	09/12/2019		S ⁽²⁾		1,253	D	\$79	32,059	D	
Common Stock	09/12/2019		M ⁽¹⁾		1,326	A	\$52.87	33,385	D	
Common Stock	09/12/2019		S ⁽²⁾		889	D	\$79	32,496	D	
Common Stock	09/12/2019		M ⁽¹⁾		1,023	A	\$62.03	33,519	D	
Common Stock	09/12/2019		S ⁽²⁾		804	D	\$79	32,715	D	
Common Stock	09/12/2019		M ⁽¹⁾		679	A	\$61.72	33,394	D	
Common Stock	09/12/2019		S ⁽²⁾		531	D	\$79	32,863	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Options (right to buy)	\$59.82	09/12/2019		M			1,653	(3)	05/10/2025	Common Stock	1,653	\$0	0	D	
Stock Options (right to buy)	\$52.87	09/12/2019		M			1,326	(4)	05/06/2024	Common Stock	1,326	\$0	0	D	
Stock Options (right to buy)	\$62.03	09/12/2019		M			1,023	(5)	04/24/2022	Common Stock	1,023	\$0	0	D	
Stock Options (right to buy)	\$61.72	09/12/2019		M			679	(6)	04/25/2021	Common Stock	679	\$0	0	D	

Explanation of Responses:

- The conversion of stock options reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 20, 2019.
- The sales of common stock reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 20, 2019.
- These stock options vested in four equal installments on the following dates: July 31, 2015, October 31, 2015, January 31, 2016 and April 30, 2016.
- These stock options vested in four equal installments on the following dates: July 31, 2014, October 31, 2014, January 31, 2015 and April 30, 2015.
- These stock options vested in four equal installments on the following dates: July 31, 2012, October 31, 2012, January 31, 2013 and April 30, 2013.
- These stock options vested in four equal installments on the following dates: July 31, 2011, October 31, 2011, January 31, 2012 and April 30, 2012.

Remarks:

/s/ Bhaskar Rao, Attorney in
Fact

09/16/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.