UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): October 10, 2006

TEMPUR-PEDIC INTERNATIONAL INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 001-31922 (Commission File Number) 33-1022198 (I.R.S. Employer Identification No.)

1713 Jaggie Fox Way
Lexington, Kentucky 40511
(Address of principal executive offices) (Zip Code)

(800) 878-8889

(Registrant's telephone number, including area code)

N/A

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):	
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers

(d) On October 10, 2006, the Board of Directors of Tempur-Pedic International Inc. (the "Company") voted to expand the size of the Board and elect Peter Hoffman as a member of the Board of Directors effective immediately. Mr. Hoffman was recommended to the Board by the Company's Nominating and Corporate Governance Committee. Mr. Hoffman's term will expire at the Company's next annual meeting of stockholders. After the election of Mr. Hoffman, the Board consists of nine members. On October 12, 2006, the Board appointed Mr. Hoffman to serve on the Audit Committee of the Board of Directors.

Item 7.01. Regulation FD Disclosure

On October 10, 2006, the Company issued a press release announcing the appointment of Mr. Hoffman as a member of the Board of Directors of the Company. A copy of this press release is furnished as Exhibit 99.1 to this report.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits

Exhibit Description Press Relation

Press Release dated October 10, 2006, entitled "Tempur-Pedic International Names Peter K. Hoffman as Director"

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 16, 2006

Tempur-Pedic International Inc.

By: /s/ H. Thomas Bryant

Name: H. Thomas Bryant

Title: President and Chief Executive Officer

EXHIBIT INDEX

 $\frac{\textbf{Exhibit}}{99.1}$ <u>Description</u>
Press Release dated October 10, 2006, entitled "Tempur-Pedic International Names Peter K. Hoffman as Director"



CONTACT: Investor Relations, 800-805-3635

Tempur-Pedic International Names Peter K. Hoffman as Director

LEXINGTON, KY, October 10, 2006 – Tempur-Pedic International Inc. (NYSE: TPX), the leading manufacturer, marketer and distributor of viscoelastic and premium mattresses and pillows worldwide, today announced that its Board of Directors has voted to expand its Board to nine directors and elect Peter K. Hoffman to the Board of Directors.

Mr. Hoffman is currently President, Global Grooming for The Procter & Gamble Company, where he is responsible for the worldwide Gillette blades and razors business until his retirement at the end of 2006. Mr. Hoffman has spent over 34 years with The Gillette Company and P&G in executive positions both in North America and Europe, including roles as President, Global Blades and Razors; President, Duracell North Atlantic; and President, Braun North America. He received an AB in Economics from Columbia University and an MBA from the Tuck School of Business, Dartmouth College.

"We are privileged to have someone of Peter's credentials join our board. Peter brings a great deal of strategic, operational and international experience to the Tempur-Pedic Board of Directors," stated P. Andrews McLane, Chairman.

About the Company

Tempur-Pedic International Inc. (NYSE: TPX) manufactures and distributes Swedish Mattresses and Neck Pillows™ made from its TEMPUR® pressure-relieving material: a proprietary material that conforms to the body to provide support and help alleviate pressure points. Products are currently sold in over 70 countries under the TEMPUR® and Tempur-Pedic® brand names. World headquarters for Tempur-Pedic International is in Lexington, KY. For more information, visit http://www.tempurpedic.com or call 800-805-3635

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