FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				' '							
1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
BRYANT H THOMAS						[TPX]								X	Direc	ctor	10%	Owner
(Last) (First) (Middle)					- ['	[11 X]									Offic	er (give title w)	Othe belov	(specify
` ′	`	,			3. 0	Date of	Earlies	t Tran	saction	(Mont	h/Day/Year)					,		,
C/O TEMPUR-PEDIC INTERNATIONAL INC.					02/	02/03/2010												
1713 JAGGIE FOX WAY					<u> </u>													
					_ 4. Ii	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable					
(Street)														Line) X Form filed by One Reporting Person				
LEXING	TON K	Y	40511											Form filed by More than One Reporting				
					-										Forn Pers		e tnan One Re	porting
(City)	(5	tate) (Zip)															
(0.0)	(5	(p/															
		Tabl	e I - 1	Non-Deriv	vative	Sec	uritie	s Ac	quire	ed, Di	sposed o	f, or E	Benefici	ally (Owne	ed		
1. Title of S	Security (Ins	tr. 3)		2. Transacti	ion					d (A) or	5. Amount o			6. Ownership	7. Nature			
				Date (Month/Day	/Year)	Execution Date, ear) if any		Transaction Disposed Of ((D) (Instr. 3, 4 and		5) Securitie Beneficia			Form: Direct (D) or Indirect	of Indirect Beneficial		
(,	(Month/Day/Year)		8)							(I) (Instr. 4)	Ownership (Instr. 4)			
								Code	v	Amount	(A) or Price		Transaction		action(s)		(111511. 4)	
									- Couc	Ľ	Amount	(D)	11100		(Instr.	. 3 and 4)		
Common Stock 02/03/201					010	10			S		60,000	D	\$27.27	26 ⁽¹⁾		57,836	D	
		Ta	hle II	l - Derivat	tive S	ecur	ities	Δcai	uired	Disr	nsed of	or Rei	neficial	lv Ov	vned			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of	2.	3. Transaction		eemed	4.	4:	5. Number					7. Title and Amount of Securities		8. Price of Derivative		9. Number o		11. Nature
Derivative Security	Conversion or Exercise	Date (Month/Day/Year)		Execution Date, if any		action (Instr.	of Derivative		Expiration D (Month/Day/					Secu		derivative Securities	Ownership Form:	of Indirect Beneficial
			h/Day/Year) 8)		Securities						Underlying Derivative		(Instr. 5)		Beneficially Owned	Direct (D) or Indirect	Ownership (Instr. 4)	
	Security				Acquired Derivative Security (Instr.						3		Following	(I) (Instr. 4)	(111511. 4)			
				Disposed of (D)			and 4			and 4)	ind 4)			Reported Transaction	(s)			
				(Instr. 3, 4							(Instr. 4)							
						and 5))	 		 		4					
													Amount or					
											L		Number					
					Code	l _v	(A)	(D)	Date	cisable	Expiration Date	Title	of Shares					

Explanation of Responses:

1. This price is the weighted average sale price for the transactions on this line. The price for the transactions reported on this line range from \$26.76 to \$27.60. The reporting person undertakes to provide, upon request by the staff of the Securities and Exchange Commission, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each seperate price.

Remarks:

/s/ Bhaskar Rao, Attorney-in-02/05/2010 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.