FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

vvasimigton,	D.O. 200-0	

OMB APPROVAL

OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WILLIAMS DALE E				I	2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC TPX						<u>C</u> [(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O TEMPUR-PEDIC INTERNATIONAL INC. 1713 JAGGIE FOX WAY				06	3. Date of Earliest Transaction (Month/Day/Year) 06/28/2006							X Officer (give title Other (specify below) Sr. VP, CFO & Secretary				
(Street) LEXING (City)			40511 (Zip)	4.	. If Ame	endment, [Date o	of Original File	ed (Month/Da	ay/Year)	Line) 【 Form fil	ed by One Re	ng (Check App porting Person an One Report		
		Ta	ble I - Non-D	erivativ	ve Se	curities	s Ac	quired, D	isposed (of, or Be	neficially	Owned				
Date			Transaction te onth/Day/	Execution Date		Code (Instr.					rm: Direct or Indirect (Instr. 4) (7. Nature of ndirect Beneficial Dwnership				
							Code V	Amount	(A) o	r Price	Transacti (Instr. 3 a	on(s)		Instr. 4)		
			Table II - Der (e.ç					uired, Dis , options				Owned				
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		Code (ansaction Derivative Securities		Expiration Date of S (Month/Day/Year) Und Deri		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	5)		
Stock Option (right to buy)	\$13.47	06/28/2006		A		250,000		(1)	06/28/2016	Common Stock	250,000	\$13.47	250,000	D		

Explanation of Responses:

1. These options vest and become exercisable in a series of installments. The first installment, which consists of 25% of the aggregate number of options granted, will vest on July 7, 2008. An additional 6.25% of the original aggregate number of options granted will vest and become exercisable in a series of twelve successive equal quarterly installments beginning on October 7, 2008.

/s/ William H. Poche, attorney-

in-fact

** Signature of Reporting Person

Date

07/03/2006

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.