FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	ROVAL
OMB Number:	3235-028

Estimated average burden hours per response: 0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

								71 1110	invesiment (party 7 tot	01 10 10									
Name and Address of Reporting Person* Clift Matthew					TI	2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
						[TPX]									Officer below)	(give title		Other (s	specify		
(Last) (First) (Middle) C/O TEMPUR-PEDIC INTERNATIONAL INC.						3. Date of Earliest Transaction (Month/Day/Year) 05/15/2008								Ex VP, Global Operations							
1713 JAGGIE FOX WAY							4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
(Street) LEXINGTON KY 40511					, , , , ,									Line) X Form filed by One Reporting Person Form filed by More than One Reporting							
(City) (State) (Zip)			(Zip)												Person						
		Tab	le I - Nor	า-Deriv	/ative	e Se	curities	s Ac	quired, D	isp	osed o	f, or Be	nefic	ially	Owned						
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ear)	2A. Deemed Execution Date, if any (Month/Day/Year		, Transaction Dispose Code (Instr. 5)		Disposed	ties Acquir I Of (D) (In:	ed (A) o	4 and Securition Beneficition Owned I		es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
						Code			,	Amount	(A) o	r Pri	ce	Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)			
		-							uired, Dis , options						Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemee Execution I if any (Month/Day	Date, 1	4. Transactio Code (Inst				6. Date Exercisabl Expiration Date (Month/Day/Year)		of Securities		ties ig e Secui	[3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		kpiration ate	Title	Amor or Numl of Share	ber							
Stock Options (right to buy)	\$11.76	05/15/2008			A		50,000		(1)	05	5/15/2018	Common Stock	50,0	000	\$0	50,000	0	D			

Explanation of Responses:

1. This option vests in two equal annual installments beginning on May 15, 2009 and ending on May 15, 2010.

Remarks:

/s/ Matthew D. Clift

05/19/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.