FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20049

OWR APP	ROVAL
OMB Number:	3235-028
Estimated average I	burden

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

(0)				or Sect	tion 30(h) of the Inv	estmen	t Com	pany Act of 19	940				
. Name and Address of Reporting Person* ΓRUSSELL ROBERT B JR			2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC [TPX]						ationship of Reporting Person(s) to Issuer k all applicable) Director 10% Owner Officer (give title Other (specify				
	st) (First) (Middle) O TEMPUR-PEDIC INTERNATIONAL INC 13 JAGGIE FOX WAY			3. Date of Earliest Transaction (Month/Day/Year) 05/04/2010						below)	below)		
Street) LEXINGTON City)	KY (State)	40511 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)					6. Indi Line) X	,			
	1	able I - Non	-Derivat	tive Se	ecurities Acqu	ıired,	Disp	osed of, o	r Ben	eficially	Owned		
Date		2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(111341.4)	
Common Stock			05/04/2	2010		A		1,200	A	(1)	1,300	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3A. Deemed 11. Nature 3. Transaction 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 10. Conversion Execution Date Transaction Expiration Date (Month/Day/Year) Ownership (Month/Day/Year) Derivative Security (Instr. 3) Securities Securities or Exercise if anv Code (Instr. Security Form: Beneficial Price of Derivative (Month/Day/Year) 8) Securities Underlying Derivative Security (Instr. 5) Beneficially Owned Direct (D) Ownership (Instr. 4) Acquired or Indirect (A) or Disposed (I) (Instr. 4) Security (Instr. 3 and 4) Following Reported of (D) (Instr. 3, 4 Transaction(s) (Instr. 4) and 5) Amount Number Date Expiration ν (D) Title Code (A) Exercisable Date Shares Stock Options Common 05/04/2010 (2) \$33.33 05/04/2020 2,644 Α 2,644 2.644 \$0 D (right to buy)

Explanation of Responses:

1. Each deferred stock unit represents the right to receive one share of common stock of the issuer at the end of the deferral period described below. The deferred stock units vest in four equal installments on July 31, 2010, October 31, 2010, January 31, 2011 and April 30, 2011. The vested shares will be delivered to the reporting person on May 4, 2013, unless an election is made by the reporting person to defer receipt of such shares to a later date.

 $2.\ These\ securities\ vest\ in\ four\ equal\ installments\ on\ the\ following\ dates:\ July\ 31,\ 2010,\ October\ 31,\ 2010,\ January\ 31,\ 2011\ and\ April\ 30,\ 2011.$

Remarks:

/s/ Dale E. Williams, Attorneyin-fact 05/06/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.