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# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

FORM 4

# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB AP	PROVAL
MB Number:	3235-028

OMB Number:	3235-0287
Estimated average bu	ırden
hours per response:	0.5

ANDERSON	SS of Reporting Persor		2. Issuer Name and Ticker or Trading Symbol <u>TEMPUR SEALY INTERNATIONAL</u> , <u>INC.</u> [ TPX ]		tionship of Reporting Perso all applicable) Director Officer (give title below)	n(s) to Issuer 10% Owner Other (specify below)		
(Last) (First) (Middle) C/O TEMPUR SEALY INTERNATIONAL, INC.		( )	3. Date of Earliest Transaction (Month/Day/Year)	1	EVP & President, Nor	th America		
C/O TEMPOR SEALT INTERNATIONAL, INC.			10/31/2019					
1000 TEMPUR WAY								
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable				
(Street)				Line)				
LEXINGTON	KY	40511			Form filed by One Report	ing Person		
		40311			Form filed by More than One Reporting Person			
(City)	(State)	(Zip)						

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	10/31/2019		<b>M</b> <sup>(1)</sup>		16,458	A	\$57.51	73,131	D		
Common Stock	10/31/2019		S <sup>(2)</sup>		16,458	D	\$84.5	56,673	D		
Common Stock	10/31/2019		<b>M</b> <sup>(1)</sup>		4,838	A	\$71.5	61,511	D		
Common Stock	10/31/2019		S <sup>(2)</sup>		4,838	D	\$84.5	56,673	D		
Common Stock	10/31/2019		<b>M</b> <sup>(1)</sup>		4,703	A	\$62.45	61,376	D		
Common Stock	10/31/2019		S <sup>(2)</sup>		4,703	D	\$ <mark>0</mark>	56,673	D		

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) ( Disp of (I	umber vative urities uired or oosed O) (Instr. and 5)	6. Date Exerc Expiration Da (Month/Day/N	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$57.51	10/31/2019		М			16,458	(3)	02/26/2025	Common Stock	16,458	\$0	0	D	
Stock Option (right to buy)	\$71.5	10/31/2019		М			4,838	(4)	02/08/2022	Common Stock	4,838	\$0	0	D	
Stock Option (right to buy)	\$62.45	10/31/2019		М			4,703	(5)	01/04/2028	Common Stock	4,703	\$0	14,109	D	

#### Explanation of Responses:

1. The conversion of stock options reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 15, 2019.

2. The sales of common stock reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 15, 2019.

3. These options vested in three annual installments with options covering 5,486 shares of common stock vesting on each of February 27, 2016, February 27, 2017 and February 27, 2018.

4. These options vested in three annual installments with options covering 1,613 shares of common stock vesting on each of February 9, 2013, February 9, 2014 and 1,612 shares of common stock vesting on February 9, 2015.

5. These options vest in four annual installments with options covering 4,703 shares of common stock vesting on each of January 5, 2019, January 5, 2020, January 5, 2021 and January 5, 2022.

### **Remarks:**

## /s/ Bhaskar Rao, Attorney in

Fact

11/01/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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