FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burde	en
	hours per response:	0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person* Rao Bhaskar						2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC [TPX]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify					
(Last) (First) (Middle) C/O TEMPUR-PEDIC INTERNATIONAL INC. 1713 JAGGIE FOX WAY					02/	3. Date of Earliest Transaction (Month/Day/Year) 02/22/2011									SVP Strat Plng, Corp Dev & CAO					
(Street) LEXINGTON KY 40511					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)							tive Securities Acquired, Disposed of, or Benefi									1				
1. Title of Security (Instr. 3) 2. Trans Date (Month/				2. Transa Date (Month/D	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transa Code (I 8) Code	v	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, r. 5)			or 4 and rice	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any	3A. Deemed Execution Date,		action Instr.	5. Number of		6. Date Exercise Expiration Date (Month/Day/Yea		ble and	7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		rity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Num of Shar							
Stock Options (option to buy)	\$46.68	02/22/2011			A		1,865		(1)	0:	2/21/2021	Common Stock	1,8	65	\$0	1,865		D		

Explanation of Responses:

1. These options vest in three equal annual installments beginning on February 22, 2012 and ending on February 22, 2014.

Remarks:

/s/ Bhaskar Rao

02/25/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.