SEC Form 4	4
------------	---

FORM

4 UNITED STATES SECURITIES AND EXCHANGE COMMI	SSION
---	-------

Washington, D.C. 20549

OMB APPROVAL

L								
	OMB Number:	3235-0287						
Estimated average burden								
	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).		t to Section 16(a) of the In	of the Se	curitie	es Exchange A	ct of 193		IP	Estima	Number: ated average burde per response:	3235-0287 en 0.5
1. Name and Address of Reporting Person* <u>Clift Matthew</u>		2. Issuer Name and Ticker or Trading Symbol <u>TEMPUR PEDIC INTERNATIONAL INC</u> [TPX]						ationship of Re all applicable Director Officer (give below)	10% Owner		Owner (specify
(Last) (First) (Middle) C/O TEMPUR-PEDIC INTERNATIONAL INC 1713 JAGGIE FOX WAY	_	3. Date of Earliest Transaction (Month/Day/Year) 12/01/2004						Ex. VP, Operations			
(Street) LEXINGTON KY 40511 (City) (State) (Zip)	4. If Am	4. If Amendment, Date of Original Filed (Month/Day/Year)						ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			on
Table I - Noi	n-Derivative S	ecurities Acq	uired,	Disp	oosed of, o	or Bene	ficially	Owned			
1. Title of Security (Instr. 3) Date (Month/		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Amount of Securities Beneficially Owned Follow Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s (Instr. 3 and 4			(Instr. 4)
	Derivative Se (e.g., puts, ca	•	-	-			-	wned			

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Deri Sec Acq or D of (I	umber of vative urities uired (A) isposed D) (Instr. and 5)	6. Date Exerc Expiration Da (Month/Day/\	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)			
Stock Options (right to buy)	\$19.3 ⁽¹⁾	12/01/2004		A			300,000	(2)	11/30/2014	Common Stock	300,000	\$0	300,000	D		
Restricted Stock Units	(3)	12/01/2004		A			70,000	(4)	(4)	Common Stock	70,000	\$0	70,000	D		

Explanation of Responses:

1. Reflects rounding

2. These options vest and become exercisable in a series of installments. The first installment, which consists of 25% of the total aggregate number of options granted, will vest on December 1, 2005. The remaining options will vest and become exercisable in a series of twelve successive equal quarterly installments beginning on March 1, 2006.

3. Each restricted stock unit represents a contingent right to receive one share of TPX common stock.

4. The restricted stock units vest in six successive semi-annual installments beginning July 1, 2005

/s/ William H. Poche, Attorney 12/03/2004

** Signature of Reporting Person

in Fact

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Date

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP