UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): May 15, 2008

TEMPUR-PEDIC INTERNATIONAL INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

001-31922 (Commission File Number)

33-1022198 (I.R.S. Employer Identification No.)

1713 Jaggie Fox Way
Lexington, Kentucky 40511
(Address of principal executive offices) (Zip Code)

(800) 878-8889

(Registrant's telephone number, including area code)

N/A

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On May 15, 2008, the Compensation Committee of Tempur-Pedic International Inc. (the "Company") approved the grant of option awards for fifty thousand shares of the Company's common stock, \$0.01 per share, at an exercise of \$11.76 per share, to each of Dale E. Williams, Executive Vice-President, Chief Financial Officer; Matthew D. Clift, Executive Vice-President, Global Operations; David Montgomery, Executive Vice-President, President of International Operations; and Richard W. Anderson, Executive Vice-President, President North America (each, a "Named Executive Officer" and collectively, the "Named Executive Officers"), subject to the applicable vesting schedule. The vesting schedule for each award granted provides that fifty (50%) of the option shares shall vest on the first anniversary date of the date of grant, and the other fifty percent (50%) shall vest on the second anniversary date, and that the option shall be fully vested as of the second anniversary date. In addition, if a change of control of the Company occurs and the Named Executive Officer's employment is terminated but not for cause or if the Named Executive Officer resigns for good reason (in each case as defined) within twelve (12) months after the occurrence of a change of control, the Named Executive Officer's next installment of 25,000 shares will accelerate and vest as of the date of his termination of employment.

A copy of the form of option agreement for the Named Executive Officers is attached to this Current Report on Form 8-K and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits

Exhibit Description

Form of Stock Option Agreement for Named Executive Officers under the Amended and Restated 2003 Equity Incentive Plan

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Tempur-Pedic International Inc.

Date: May 19, 2008 By: /s/ H. THOMAS BRYANT
H. Thomas Bryant

President and Chief Executive

Officer

FORM OF TEMPUR-PEDIC INTERNATIONAL INC. AMENDED AND RESTATED 2003 EQUITY INCENTIVE PLAN Stock Option Agreement [Insert EVP]

Delaware (the " <u>Company</u> "), and the individua	., 2008, between Tempur-Pedic International Inc., a al identified below, residing at the address there set	corporation organized under the laws of the State of out (the " <u>Optionee</u> ").
from time to time, the "Plan"), the Company	grants to the Optionee an option (the "Option") to p	2003 Equity Incentive Plan (as the same may be amended burchase from the Company_all or any part of a total of "Stock"), at a price of \$ per share. The Grant Date of
2. Character of Option . This Option Revenue Code of 1986, as amended.	otion is not to be treated as an "incentive stock option	on" within the meaning of Section 422 of the Internal
	nd its Affiliates ends before that date (including bec	t 5:00 p.m. on ten years from the Grant Date. However, if the ause the Optionee's employer ceases to be an Affiliate), this
(a) If the termination of t Optionee's employment ends; or	he Optionee's employment is on account of the opt	ionee's death or disability, the first anniversary of the date the
(b) If the termination of t	he Optionee's employment is due to any other reas	on, three (3) months after the Optionee's employment ends.
4. Exercise of Option.		
part, at any time on or after the applicable ext the Optionee's employment with the Compan exercise it only to the extent it was exercisable	ercise date or dates identified in the table. However, y and its Affiliates ends, including because the Optile immediately prior to the end of the Optionee's en Optionee may pay the exercise price due on exercise	of Optioned Shares identified in the table below, in full or in r, during any period that this Option remains outstanding after ionee's employer ceases to be an Affiliate, the Optionee may apployment. The procedure for exercising this Option is e by delivering other shares of Stock of equivalent Market
Number of Shares in Each Installment	Percentage of Optioned Shares	Initial Exercise Date for Shares in Installment
	50% 50%	
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ	(as defined in the Optionee's Employment Agree	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated) or if the Optionee resigns for Good lve (12) months after the occurrence of a Change of Control,
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ the Optionee's next installment of	e (as defined in the Optionee's Employment Agree yment Agreement dated) within twe _ Optioned Shares will Accelerate as of the date of l	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated) or if the Optionee resigns for Good lve (12) months after the occurrence of a Change of Control,
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ the Optionee's next installment of	e (as defined in the Optionee's Employment Agree yment Agreement dated) within twe Optioned Shares will Accelerate as of the date of provided in Section 6.4 of the Plan, this Option_mane, only the Optionee may exercise this Option. Except as otherwise provided herein in Section 4(1)	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated) or if the Optionee resigns for Good live (12) months after the occurrence of a Change of Control, his termination of employment. By not be transferred except by will or the laws of descent and b) above, this Option_is granted subject to all of the applicable obligation to deliver Optioned Shares upon exercise set forth
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ the Optionee's next installment of	e (as defined in the Optionee's Employment Agree yment Agreement dated) within twe Optioned Shares will Accelerate as of the date of a provided in Section 6.4 of the Plan, this Option_mane, only the Optionee may exercise this Option. Except as otherwise provided herein in Section 4(lut not limited to the limitations on the Company's_ourds". Capitalized terms used but not defined herein in shall be construed and enforced in accordance with the binding upon and inure to the benefit of any succession.	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ the Optionee's next installment of	e (as defined in the Optionee's Employment Agree yment Agreement dated) within twe Optioned Shares will Accelerate as of the date of provided in Section 6.4 of the Plan, this Option_make, only the Optionee may exercise this Option. Except as otherwise provided herein in Section 4(left) at not limited to the limitations on the Company's order. Capitalized terms used but not defined herein at shall be construed and enforced in accordance with the binding upon and inure to the benefit of any succellar representative of the Optionee. This Agreement in pany makes no representation or warranty as to the	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ the Optionee's next installment of	e (as defined in the Optionee's Employment Agree yment Agreement dated) within twe Optioned Shares will Accelerate as of the date of provided in Section 6.4 of the Plan, this Option_make, only the Optionee may exercise this Option. Except as otherwise provided herein in Section 4(left) at not limited to the limitations on the Company's order. Capitalized terms used but not defined herein at shall be construed and enforced in accordance with the binding upon and inure to the benefit of any succellar representative of the Optionee. This Agreement in pany makes no representation or warranty as to the	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated
employment is terminated but not For Cause Reason (as defined in the Optionee's Employ the Optionee's next installment of	e (as defined in the Optionee's Employment Agree yment Agreement dated) within twe Optioned Shares will Accelerate as of the date of the Optioned Shares will Accelerate as of the date of the provided in Section 6.4 of the Plan, this Option_make, only the Optionee may exercise this Option. Except as otherwise provided herein in Section 4(that not limited to the limitations on the Company's_ourds". Capitalized terms used but not defined herein that shall be construed and enforced in accordance with the behalf of any succellar representative of the Optionee. This Agreement in the option of the Optionee Shares. The Optionee of the Optioned Shares. The Optionee of the Optioned Shares.	Plan, if (i) a Change of Control occurs and (ii) the Optionee's ment dated

directors, or its Affiliates;

(ii) the Optionee accepts employment or a consulting or its Affiliates or the Optionee otherwise engages in competition with the Compa	g or advisory engagement with any Competitive Enterprise of the Company any or its Affiliates;
(iii) the Optionee acts against the interests of the Cor or assisting the Optionee's new employer to recruit or employ an employee of the	ompany and its Affiliates, including recruiting or employing, or encouraging e Company or any Affiliate without the Company's written consent;
(iv) the Optionee fails to protect and safeguard while termination of the Optionee's employment with the Company or any Affiliate or s Affiliate may specify, all documents, records, tapes, disks and other media of ever Company and its Affiliates and any copies, in whole or in part thereof, whether or	ry kind and description relating to the business, present or otherwise, of the
(v) the Optionee solicits or encourages any person of has been a customer of the Company or any of its Affiliates, to terminate its relation	or enterprise with which the Optionee has had business-related contact, who ionship with any of them; or
(vi) the Optionee breaches any confidentiality obligation comply with the policies and procedures of the Company or its Affiliates for protest of the Company or its Affiliates for his/her own benefit or gain, or the Optionee discompany or its Affiliates (except as required by applicable law); then	
(1) this Option shall terminate and be cancelled effective as of the date cancelled sooner by operation of another term or condition of this Agreement or the	e on which the Optionee entered into such activity, unless terminated or the Plan;
(2) any stock acquired and held by the Optionee pursuant to the exerci- repurchased by the Company at a purchase price of \$ per share; and	ise of this Option during the Applicable Period (as defined below) may be
(3) any gain realized by the Optionee from the sale of stock acquired the Optionee to the Company;	through the exercise of this Option during the Applicable Period shall be paid
(b) The term " <u>Applicable Period</u> " shall mean the period commy year prior to the Optionee's termination of employment with the Company or any employment with the Company or any Affiliate.	mencing on the later of the date of this Agreement or the date which is one Affiliate and ending two years from the Optionee's termination of
(c) The term " <u>Competitive Enterprise</u> " shall mean a business entity that engages in, the manufacture, sale or distribution of mattresses or pillow Company's products. Competitive Enterprise shall include, but not be limited to, Company from time to time upon notice to the Optionee. At any time the Optione particular enterprise is a Competitive Enterprise. Such determination will be mad Optionee about the enterprise, and the determination will be valid for a period of State	the entities set forth on Appendix A hereto, which may be amended by the ee may request in writing that the Company make a determination whether a le within 14 days after the receipt of sufficient information from the
10. Right of Set Off. By executing this Agreement, the Optionee consthe Optionee from time to time, to the extent of the amounts the Optionee owes the applied against wages, salary or other amounts payable to the Optionee to the law. If the Company does not recover by means of set-off the full amount the Optionee to pay immediately the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Company's demonstrated by the unpaid balance to the Company upon the Comp	extent that the exercise of such set-off right would violate any applicable tionee owes the Company, calculated as set forth above, the Optionee agrees
11. Nature of Remedies.	
(a) The remedies set forth in Sections 9 and 10 above are in a non-competition, employment, confidentiality or other agreement, and all such rigother agreement shall not constitute an election of remedies.	addition to any remedies available to the Company and its Affiliates in any ghts are cumulative. The exercise of any rights hereunder or under any such
(b) The Company shall be entitled to place a legend on any correferring to the repurchase right set forth in Section 9(a) above. The Company shall transfer agent in the event the Company believes that any event referred to in Section 9(a) are transfer agent in the event the Company believes that any event referred to in Section 9(b).	
In Witness Whereof, the parties have executed this Agreement as of the o	date first above written.
TEMPUR-PEDIC INTERNATIONAL INC.	
Ву:	Signature of Optionee
Title:	[Name of Optionee] Optionee's Address:
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