FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(n) or the investment Company Act of 1940								
1. Name and Addre			2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC [ TPX ]	(Checl	tionship of Reporting Person(s) to Issuer call applicable)  Director 10% Owner  Officer (give title Other (specify						
	t) (First) (Middle)  TEMPUR-PEDIC INTERNATIONAL INC.  JAGGIE FOX WAY		3. Date of Earliest Transaction (Month/Day/Year) 03/17/2005	X	Exec VP, Pres. Intl. Ops.						
(Street) LEXINGTON KY 40511  (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		()	
Common Stock	03/17/2005		М		10,000	A	\$1.9(1)	206,875	D		
Common Stock	03/17/2005		S		1,000	D	\$19.06	205,875	D		
Common Stock	03/17/2005		S		1,100	D	\$19.07	204,775	D		
Common Stock	03/17/2005		S		400	D	\$19.08	204,375	D		
Common Stock	03/17/2005		S		500	D	\$19.09	203,875	D		
Common Stock	03/17/2005		S		2,000	D	\$19.1	201,875	D		
Common Stock	03/17/2005		S		1,500	D	\$19.11	200,375	D		
Common Stock	03/17/2005		S		1,000	D	\$19.13	199,375	D		
Common Stock	03/17/2005		S		1,000	D	\$19.15	198,375	D		
Common Stock	03/17/2005		S		500	D	\$19.16	197,875	D		
Common Stock	03/17/2005		S		1,000	D	\$19.2	196,875	D		
Common Stock	03/18/2005		М		1,000	A	\$1.9(1)	197,875	D		
Common Stock	03/18/2005		S		1,000	D	\$19.25	196,875	D		

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)				6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Common Stock	\$1.9 <sup>(1)</sup>	03/17/2005		M			10,000	(2)	02/24/2013	Common Stock	10,000	\$0	553,525	D	
Common Stock	\$1.9 <sup>(1)</sup>	03/18/2005		M			1,000	(2)	02/24/2013	Common Stock	1,000	\$0	552,525	D	

## Explanation of Responses:

- Reflects rounding
- 2. These options vest and become exercisable in a series of installments. The first installment, which consisted of 25% of the total aggregate number of options granted, vested on August 20, 2003. The remaining options vest and become exercisable in a series of twelve successive equal quarterly installments, beginning on May 24, 2004.

/s/ William H. Poche, Attorneyin-Fact 03/21/2005

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the colle	ection of information contained in thi	is form are not required to resp	ond unless the form displays a cu	rrently valid OMB Number.