FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
houre per recogness.	0.5									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* TRUSSELL ROBERT B JR					T	2. Issuer Name and Ticker or Trading Symbol TEMPUR PEDIC INTERNATIONAL INC								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	_ [[]	[TPX]								Officer (give title below) below)				(specify					
(Last) (First) (Middle) C/O TEMPUR-PEDIC INTERNATIONAL INC 1713 JAGGIE FOX WAY					3. Date of Earliest Transaction (Month/Day/Year) 02/14/2011														
(Street)					_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
LEXINGTON KY 40511													X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	-	(Zip)																
1 Title of	Security (Inc		ole I - I	Non-Deri		_	Curit		cquire	ed, D	4. Securities			ly Owned		6. Owne	ershin 7	Nature of	
1. Title of Security (Instr. 3)			Date (Month/Da		Exec Year) if any		cution Date,		ction Instr.	Disposed Of (D) (Instr. 3, 4 and			d 5) Securities Beneficially Owned Follo		Form: D (D) or In (I) (Instr	Direct Indirect B	ndirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 and	n(s) i 4)		(1)	nstr. 4)		
Common Stock			02/14/2	4/2011				M		12,000	A	\$11.28	13,300		D				
Common Stock		02/14/2011				M		8,000	A	\$13.74	21,300		D						
Common	Stock	ock 02/14/20		2011	11		S		20,000	D	\$47.53(1)	1,300		D					
Common Stock											65,000 ⁽²⁾		I		y RBT evestments LC				
			Table								posed of, , converti			Owned				1	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transa Code (8)				Expira	te Exer ation D th/Day/		of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)	
					Code	· V	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares						
Stock Option	\$11.28	02/14/2011			M	vI 1:		12,000	(3)	05/06/2018	Commor Stock	12,000	\$0	\$0 0		D		
Stock Ontion	\$13.74	02/14/2011			M			8,000	(4)	05/05/2019	Commor	8,000	\$0	9,0	9,600			

Explanation of Responses:

- 1. This price is the weighted average sale price for the transactions on this line. The price for the transactions reported on this line range from \$47.51 to \$47.69. The reporting person undertakes to provide, upon request by the staff of the Securities and Exchange Commission, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each seperate price.
- 2. The reporting person and his spouse control the investment and voting decisions of RBT Investments, LLC indirectly as trustees of the members of RBT Management, LLC, the manager for RBT Investments,
- 3. These options vested in four equal installments on the following dates: July 31, 2008, October 31, 2008, January 31, 2009 and April 30, 2009.
- 4. These options vested in four equal installments on the following dates: July 31, 2009, October 31, 2009, January 31, 2010 and April 30, 2010.

Remarks:

Attorney-in-

02/15/2011

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.